



red tailed hawks news

25030 Via Santee, Murrieta, CA 92563 • 951-696-1404

Principal: Tammy Hunter-Wethers • Assistant Principal: Lynn Nord



Principal Wethers' Message:



Dear Parents, Staff, and Students,

The COVID numbers are declining, and we hope that it will continue. We are looking forward to virtual parent conferences, Red Ribbon Week, Pink Out Friday's for Breast Cancer Awareness Month and our Fall Festival.

We are doing our best to continue to notify parents via email as soon as we know there is a positive exposure for the students that sit in the 6ft/15 min. proximity. We have PCR/Antigen testing available from 8-1:30 in room 168 available for students and staff. Please take advantage of the resources currently provided by our district. Any questions, please contact our MVUSD COVID Hotline at 951 304-1578.

Toys/Electronics at School

Please remind your children that toys (and other non-school related belongings) should remain at home. (Please see the student handbook on our website or linked below at <http://www.murrieta.k12.ca.us/rail/site/default.asp> for more information. You can find the handbook under "School Information".) Toys tend to have a way of getting lost, broken or traded away when brought to school. The purpose of the no-toys-at-school rule is to not only protect the learning environment, but to also protect children's belongings. Thank you for your help with this.

TRAFFIC- Thank you all for your patience and willingness to work together to help traffic flow better at Rail Ranch. If you have a serious concern about a specific car, please take down the plate number, make, model, and color, then contact the Murrieta Police Dept. 951-461-6371. The police will send out a letter of concern to the owner of the vehicle.

Please also keep in mind the following:

1. Please pull all the way through the loop, it helps take more cars off the street.
2. No double-parking through the loops.
3. Do not leave your car unattended. The ticket is \$140.00.
4. Cross your children only at the crosswalks.
5. Have your child walk their bike across intersections
6. Always wait for the crossing guard to help you cross!
7. Do not call to children to cross through the loop, parking lots or the street on their own.
8. Please be patient and courteous to other drivers and to staff.
9. Never leave children in the car unattended.
10. Please do not block the residents' driveways.

School Site Council

[!]Congratulations to our two new parent Site Council members, Mrs. Guimarin and Mr. Casteneda. Our staff members will be Mrs. Villafranco representing classified and Mrs. Rucker representing certificated.

Take care,

Mrs. Wethers and Mrs. Nord

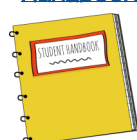
Resource Links:

Community
Flyers



Rail Ranch
School Year
Calendar

Parent/Student
Handbook



Rail Ranch
Website

Lunch Menu



**WEDNESDAYS ARE EARLY
OUT DAYS**

K am 8:30-11:50
K pm 10:30-1:50
1st-3rd 8:30-1:45
4th-5th 8:30-1:50



Hawk Happenings



10/5- School Site Council Meeting @3:10 (Virtual)

10/6- 10-9 pm MIGUEL'S JR. SCHOOL FUNDRAISER

10/6-EARLY OUT WEDNESDAY

10/13-EARLY OUT WEDNESDAY

10/15- Curtis Karate Demonstration at FMS

10/18-10/22-VIRTUAL PARENT CONFERENCES (MINIMUM DAYS)

AM/PM Kinder: 8:30-12:10 pm

Grade 1-3: 8:30-12:20 pm

Grade 4-5: 8:30-12:30 pm

10/25-10/29- RED RIBBON WEEK!! See dress up schedule >>>>>>>>

10/26- 8:30 am- 1st Grade Student of the Month Assembly

10/27- EARLY OUT WEDNESDAY

8:30 am- 2nd Grade Student of the Month Assembly

1:55 pm- Curtis Karate Class Afterschool

10/28- 8:30 am- 3rd Grade Student of the Month Assembly
7 pm- PTA General Assembly

10/29- 8:30 am- 4th Grade Student of the Month Assembly
2:55 pm- Curtis Karate Class Afterschool

5 pm- PUMPKINFEST!!!! (see flyer for details)

11/1- NO SCHOOL PROFESSIONAL DEVELOPMENT DAY

11/2 & 11/3- Dance team tryout practices (Grades 3,4 & 5) See flyer for details



PINK OUT FRIDAYS
IN OCTOBER

10/7- Last Day of fundraiser

10/18-10/22
Reflections submissions are due!!

Online submissions only.

<https://forms.office.com/r/ACTwUfC5aU>

RED RIBBON WEEK!!

DRUG FREE LOOKS LIKE ME!

OCT 25-29

MONDAY:

"Team up Against Drugs"

Wear a Sports Jersey

TUESDAY:

"I Pledge to be Drug Free"

Wear Red

WEDNESDAY:

"Sock It To Drugs"

Wear Crazy Socks

THURSDAY:

"I Dream of a Drug Free World"

Wear Pajamas

FRIDAY:

"My Character Counts"

Character Dress Up Day

PUMPKINFEST

Friday, 10/29 5-8 pm

Wear your favorite costume!

Get Candy from the vendors!!

Wristband: \$8 per family of 4 or

PTA Membership

\$4 with PTA membership



October is Breast Cancer Awareness Month!



PINK OUT DAY EVERY FRIDAY
Show your support, wear pink!



Counselor's Corner

Rail Ranch Elementary School
Mrs. Vergara, School Counselor
nvergara@murrieta.k12.ca.us
951-696-1404 ext. 2490

SUPPORT LINKS

COUNSELING CHECK-IN
FORM
[CLICK HERE](#)

FREE MENTAL HEALTH
CONCIERGE
[CLICK HERE](#)

COMMUNITY RESOURCES
[CLICK HERE](#)

October is National Bullying Prevention Month

During Bully Prevention Month, our school dedicates time to learn how we can stop bullying. We know many of our children operate socially online both through school websites and popular social media channels. Therefore, it's important to recognize that cyberbullying is an issue that may appear especially with older students. If your child witnesses bullying or find themselves being bullied, make sure they remember the 3 R's: Recognize, Report, and Refuse.

Recognize: what is bullying: a mean behavior that's one-sided, occurs repeatedly, and that's done on purpose that creates an imbalance of power.

Report: Find a trusted adult like a teacher, school counselor or principal to get help.

Refuse: Anyone including a bystander can stop bullying by staying "stop," walking away or playing with someone else.

Stopping harmful behavior does not just rest among adults because every student has the power as a bystander to help stop bullying by standing up to it and rejecting it! One of the best ways to eliminate this from schools is by first and foremost being a kind and respectful student. When we follow the rules and treat everyone the way we expect to be treated, we do our part to bring kindness to the world.

HELP STOP BULLYING

Recognize **R**eport **R**efuse

BYSTANDER POWER

Be respectful and kind. Include others. Stand up for someone being bullied. Don't join in. Walk away and report.

BYSTANDER POWER

A bystander sees or knows about bullying happening to someone else.

A supportive bystander: Reports or helps report bullying

A supportive bystander: Stands up for someone being bullied

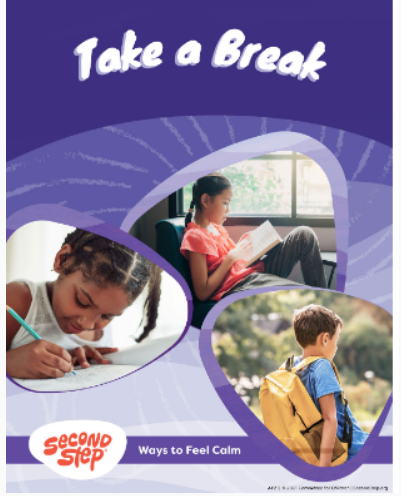
A supportive bystander: Is respectful and kind

A supportive bystander: Includes everyone

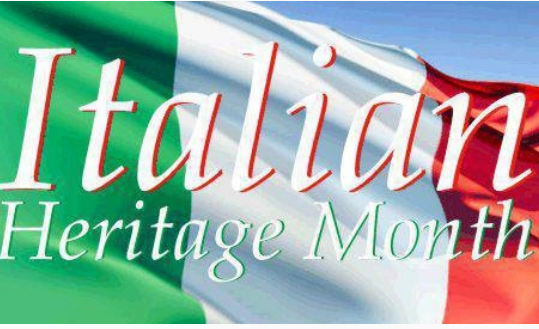


Second Step Classroom Social Emotional Learning

Students will begin a new unit in their classroom this month. The new unit is based on Emotion Management. In this unit, students will learn how to identify and label their emotions and use emotion management strategies - including stress management for older students - to calm strong feelings. Students will learn their internal physical cues and ways to appropriately express feelings. Some topics covered will be Noticing Feelings, Sometimes We Feel Sad, Take a Break, Different Feelings, and Rethink it and Making a Change.



CULTURAL SPOTLIGHT



IN OCTOBER, WE CELEBRATE ITALIAN AMERICAN HERITAGE MONTH BY RECOGNIZING THE CONTRIBUTIONS AND ACHIEVEMENTS OF ITALIAN AMERICANS. EVERY ASPECT OF SHOW BUSINESS, POLITICS, SCIENCE, AND ART HAVE A PROMINENT ITALIAN AMERICAN IN ITS VANGUARD. ROCKY MARCIANO REVOLUTIONIZED THE SPORT OF BOXING. DIANE DI PRIMA PIONEERED THE ROUGH POETRY AND PROSE OF THE BEAT MOVEMENT. ENRICO FERMI CONTINUED HIS NOBEL PRIZE-WINNING WORK ON THE MYSTERIES OF THE ATOM, BECOMING ARGUABLY THE GREATEST PHYSICIST ALIVE.

FILIPINO HERITAGE MONTH IS ALSO ACKNOWLEDGED DURING THE MONTH OF OCTOBER TO RECOGNIZE THE IMPORTANT PRESENCE OF FILIPINOS IN THE UNITED STATES. WE RECOGNIZE FILIPINO HERITAGE IN THE THE MONTH OF OCTOBER BECAUSE THE FIRST FILIPINOS CAME TO THE UNITED STATES IN OCTOBER 18, 1587. FILIPINO AMERICANS CONTRIBUTED GREATLY TO THE AMERICAN LABOR MOVEMENT, ESPECIALLY WITH THE UNITED FARM WORKERS MOVEMENT OF THE 1960S.



COMMUNITY SUPPORT EVENT

HOSTED BY



The team at Miguel's Jr. is proud to host a Community Support Event to benefit

**Please join us during lunch or dinner for legendary food, fun and fundraising
Miguel's Jr. will donate 25% of your pre-tax food and beverage purchase to benefit**



Please Tag us for a chance to be featured on our page

RAIL RANCH ELEMENTARY DANCE TEAM TRYOUTS



Hi Rail Ranch 3rd, 4th, and 5th grade students! We are the Rail Ranch Dance team coaches, and we would like to invite you to come try out for the Dance Team! You will need to upload a 15 second video of you doing a freestyle dance to the form below using your 956 number logins. Click the link below for more information!!

[Dance Team Flyer](#)

OCTOBER PTA NEWS

10/7 Last day of Fall Fundraiser

10/18-22 Reflections are due

10/25-29 Red Ribbon Week

Please see attached flyer for more details.

10/29 Fall Festival 5-8 pm

Please see attached flyer for more details

Reach out to your teachers to get more information about Fall Festival Baskets

Please don't forget to join PTA
<https://jointotem.com/ca/murrieta/rail-ranch-elem>



DRUG FREE LOOKS LIKE ME!

RED RIBBON WEEK



**SPIRIT WEAR FOR THE WEEK OF
OCT 25TH-29TH**

MONDAY: "Team Up Against Drugs" Wear Sports Jersey

TUESDAY: "I Pledge To Be Drug Free" Wear Red

WEDNESDAY: "Sock It To Drugs" Wear Crazy Socks

THURSDAY: "I Dream Of A Drug Free World" Wear Pajamas

FRIDAY: "My Character Counts" Character Dress Up Day



PTA SPONSORED EVENT



Pumpkin Fest

RAIL RANCH ELEMENTARY

25030 Via Santee, Murrieta CA

October 29th 5pm-8pm

WRISTBAND - \$8 Per Family of 4 or purchase PTA membership

\$4 with PTA membership



INCLUDED WITH WRISTBAND PURCHASE:

GAMES, FACE PAINTING, FOOD & DESSERT VENDORS

FREEDOM IN MOTION DEMO AND INTERACTION

CRITTLE BBQ, SILENT AUCTION

25+ VENDORS TO SHOP FROM AND MORE!



SAVE THE DATE

Come in your favorite costume and get candy at the vendor stations!

COVID-19 Testing at Rail Ranch Elementary School

Students who wish to be voluntarily tested for COVID-19 must follow the steps below to register for on-site COVID-19 testing:

1. Visit USA testing website at:
<https://quicktest.labxchange.io/patientintake?testguid=96D90E8AAB4B42C> or scan the following QR code.



2. For 'Patient Information' please enter your student's information. Note: you do not need to scan or upload a driver's license. Students should be prepared to show their student I.D. for verification purposes. Entering insurance information is optional as well.
3. Click 'Submit'. Once registered your student may attend testing at Rail Ranch on the following days and times:

Mondays and Thursdays from 7:30 a.m. to 11:00 a.m.

Tuesdays and Fridays from 12:00 p.m. to 3:00 p.m.

Helpful Hints

Parents/Guardians of students are welcome and have the option to accompany their student to testing on-campus at the designated days and times above.

If you have questions or concerns, please call our COVID-19 hotline at 951-304-1578.



**I WILL
CHANGE
THE WORLD
BY...**



DANCE
CHOREOGRAPHY



MUSIC
COMPOSITION



FILM
PRODUCTION



LITERATURE



PHOTOGRAPHY



VISUAL ARTS

**EXPLORE THE ARTS AND
EXPRESS YOURSELF!**

**2021-2022
CALL FOR
ENTRIES!**

**DEADLINE
FOR ENTRIES:**

Oct. 18th-21st

Digital Entries

FOR DETAILS:

See or email Mrs. Rucker

mrucker@murrieta.k12.ca.us

Meatless

October Lunch Menu ~ K - 5th



Daily Produce Bar

Harvest of the Month



Green Apples!

- Apples
- Oranges
- Bananas
- Watermelon or Grapes
- Chilled Pears or Chilled Peaches
- Applesauce
- Local Strawberries
- Romaine Lettuce
- Baby Carrots
- Corn or Kidney Beans
- Green Beans or Cucumbers

* Selections vary seasonally and daily



Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Breakfast Combos + Lunch Combos are free of charge (1 breakfast and 1 lunch per student per day) for the 2021-2022 School Year Second Lunch \$2.75</p>			 	<p>1 Mac + Cheese</p> <p> Cookie Day</p>
<p>4 Cheesy Mozzarella Sticks</p> <p></p>	<p>5 Corn Dog</p>	<p>6 Chicken Nuggets w/ Goldfish Crackers</p>	<p>7 Meatballs w/ Marinara + Texas Toast</p>	<p>8 Bean + Cheese Burrito</p> <p> Cookie Day</p>
<p>11 Belgian Waffle w/ syrup</p> <p> Brunch for Lunch</p>	<p>12 Cheeseburger Sliders</p>	<p>13 Teriyaki Chicken Bowl w/ Brown Rice</p>	<p>14 Drumstick w/ Texas Toast</p>	<p>15 Pepperoni Pizza</p> <p>Cookie Day</p>
<p>18 Cheesy Bread Bites w/ Marinara</p> <p></p>	<p>19 Mini Hot Dog</p>	<p>20 Grilled Cheese Sandwich</p> <p></p>	<p>21 Rotini w/ Meat Sauce + Texas Toast</p>	<p>22 Chicken Burger</p> <p>Cookie Day</p>
<p>25 Cheese Pizza</p> <p></p>	<p>26 Chicken Taquitos</p>	<p>27 Orange Chicken Bowl w/ Brown Rice</p>	<p>28 Glazed French Toast w/ Sausage Patty</p> <p>Brunch for Lunch</p>	<p>29 Holiday Chicken Nuggets w/ Goldfish Crackers</p> <p>Cookie Day</p>
<p> Friendly Reminder</p> <p>Meal Applications from 2020-2021 expired Sept. 27th. Fill out your NEW 2021-2022 meal application! Visit</p>		<p>DAILY ALTERNATE ENTREES</p> <p>Turkey & Cheese Wedge Sandwich, Peanut Butter & Jelly Uncrustable Snack Pack or <i>Entrée Salad Bar with Cheese & Crackers</i></p>		<p>Lunch Includes</p> <p>Unlimited Daily Produce Bar 100% Fruit Juice & Choice of 1% White or Non-Fat Chocolate Milk</p>